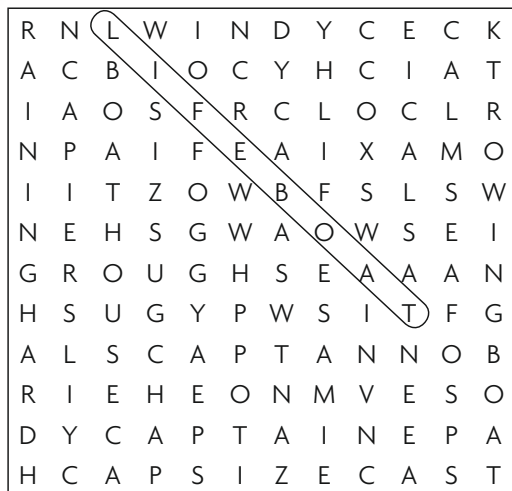


Before you watch

Find the words from the box in the puzzle.

pier boathouse lifeboat crew captain
rowing boat capsize coxswain calm sea
rough sea foggy raining hard waves windy

While you watch**1 At the seaside**

Listen to Isaac and Rakhee introducing the programme. Mark the statements **T** (true) or **F** (false).

- 1 Rakhee wants to swim in the sea. ☐
- 2 Cromer is a town on the south coast of England. ☐
- 3 The lifeboat station in Cromer is very famous. ☐
- 4 The station mechanic is in charge of the lifeboat station. ☐

2 In the lifeboat station

Listen to Paul Watling talking about the lifeboat station. Fill in the spaces with a number.

The Cromer Lifeboat Station started over

- 1 years ago, in 2 Today they've got
3 modern lifeboats. The inshore lifeboat has a
crew of 4 people. The all-weather lifeboat has a
crew of 5 people. It's a much bigger boat.

3 The weather

Listen to the conversation about the weather.

Complete the sentences.

- 1 Today is a calm, day.
- 2 The is very important. It can make a big difference.
- 3 sea makes a rescue very difficult.
- 4 It's hard to see when it's or
- 5 In Cromer the sea can change quickly from to very rough.

4 In the boathouse

Listen to Paul. Put the sentences in the correct order. Write 1–5 in the boxes.

- a ☐ It took a long time to find the sailing boat.
- b ☐ The lifeboat rescued the sailing boat.
- c ☐ The lifeboat was asked to help.
- d ☐ A sailing boat broke down in rough seas.
- e ☐ A very big wave hit the lifeboat and nearly turned it over.

5 Pronunciation

-ed endings

Say the words and complete the table. Listen and check.

asked	turned	happened	moved	started
used	capsized			
/d/				
/t/				
/ɪd/				

After you watch

Work in pairs. Imagine you work for a newspaper. Write a story about the Cromer lifeboat crew rescuing the sailing boat.

3

The Mag: Cromer Lifeboat Station

Programme overview

SUMMARY

This episode of *The Mag* is about the lifeboat station in Cromer, on the east coast of England. The two presenters, Isaac and Rakhee, spend the day with the lifeboat mechanic, Paul Watling, learning about its history and the challenges the lifeboat crew face. Paul has a Norfolk accent which may at times be challenging for your students.

The RNLI (Royal National Lifeboat Institution) is a charitable organisation which helps people in danger at sea. Lifeboat crews are mostly volunteers.

For further information go to:

<http://www.cromerlifeboats.org.uk> – Cromer Lifeboat Station's website.

<http://www.rnli.org.uk> – the RNLI's website.

LANGUAGE

This programme corresponds to Units 3 and 4 of *English in Mind* Second edition Level 1.

Grammar: Past simple – *be* and regular verbs (Unit 3)
Past simple – regular and irregular verbs (Unit 4)

Vocabulary: Past time expressions (Unit 4.4)

Pronunciation: -ed endings (Unit 3.3)

Before you watch

The puzzle serves as vocabulary preparation for the programme. When students have finished, check they understand the meaning of the words. Help students with the pronunciation of the words and point out that 'coxswain' is pronounced /kɔːksən/.

Answers

R		L	W	I	N	D	Y			C	
A		B	I		C			C		A	
I		O		F	R			O		L	R
N	P	A		F	E			X		M	O
I	I	T		O	W	B		S		S	W
N	E	H		G			O	W		E	I
G	R	O	U	G	H	S	E	A		A	N
H		U		Y		W		I	T		G
A		S						A	N		B
R		E						V			O
D		C	A	P	T	A	I	N	E		A
	C	A	P	S	I	Z	E			S	T

While you watch

1 At the seaside

Let students watch the opening section of the video two or three times. You could extend the task by asking students to correct the false sentences.

Answers

1 F (She doesn't want to swim in the sea.)

2 F (Cromer is on the east coast of England.) 3 T 4 T

2 In the lifeboat station

Before students watch Section 2, ensure they understand the dialogue. Let students listen a few times to complete the text.

Answers 1 200 2 1804 3 2 4 3 5 6

3 The weather

This activity practises the weather vocabulary from the *Before you watch* task. Listen to Section 3 and get students to complete the sentences.

Answers 1 sunny 2 weather 3 Rough 4 foggy; raining hard 5 calm

4 In the boathouse

Watch Section 3 and ask students to order the story. To extend the task, ask students to discuss whether they think Paul and the lifeboat crew are heroes and why.

Answers a 3 b 5 c 2 d 1 e 4

5 Pronunciation

Revise the pronunciation of -ed endings, Unit 3. Get students to say the words aloud. Then complete the table. Watch Sections 2 and 3 to check their answers.

Answers

/d/ turned happened moved used capsized

/t/ asked

/ɪd/ started

After you watch

This activity practises the past simple and past time expressions. Ask students to retell Paul Watling's story of the lifeboat rescue in Section 3. Encourage students to use their imaginations to add extra details to the story, like interviews with the lifeboat crew or the people rescued from the sailing boat.